

HIDDEN TRUTH 
WITH JIM BRESLO

TRANSGENDER MOVEMENT



**LGBT EXPERT PSYCHIATRIST AND ADVOCATE ACKNOWLEDGES LAWS
BANNING CONVERSION THERAPY ARE AHEAD OF THE SCIENCE**

1
00:00:00,000 --> 00:00:10,000

[Music]

2
00:00:14,330 --> 00:00:12,410

welcome to the hidden truth show podcast

3
00:00:16,369 --> 00:00:14,340

we're about to play for you as an

4
00:00:19,040 --> 00:00:16,379

excerpt from our interview with dr. Jack

5
00:00:21,370 --> 00:00:19,050

Drescher he is a psychiatrist in a

6
00:00:24,140 --> 00:00:21,380

leading expert on gender and sexuality

7
00:00:26,420 --> 00:00:24,150

state legislators have been relying on

8
00:00:28,070 --> 00:00:26,430

his expertise and passing laws that make

9
00:00:30,230 --> 00:00:28,080

it difficult for parents to treat

10
00:00:32,420 --> 00:00:30,240

children with gender dysphoria

11
00:00:33,650 --> 00:00:32,430

they're only permitted for instance in

12
00:00:37,160 --> 00:00:33,660

the state of California to provide

13
00:00:39,049 --> 00:00:37,170

gender affirming care when they say

14

00:00:41,240 --> 00:00:39,059

gender affirming care that does not mean

15

00:00:43,700 --> 00:00:41,250

affirming the child's gender that he was

16

00:00:46,310 --> 00:00:43,710

born with it means affirming the gender

17

00:00:48,819 --> 00:00:46,320

that is in the child's head allowing the

18

00:00:52,569 --> 00:00:48,829

boy to wear a dress change his name

19

00:00:56,029 --> 00:00:52,579

provide hormone blockers and ultimately

20

00:00:58,220 --> 00:00:56,039

changes genitalia you'll see in this

21

00:01:00,410 --> 00:00:58,230

interview though that dr. jack jessie

22

00:01:02,840 --> 00:01:00,420

himself who has been relied upon in the

23

00:01:04,609 --> 00:01:02,850

passing of these laws acknowledges that

24

00:01:07,460 --> 00:01:04,619

the laws have gotten ahead of the

25

00:01:09,140 --> 00:01:07,470

science well it's always the parents

26

00:01:11,359 --> 00:01:09,150

choice which went to pursue because

27

00:01:13,250 --> 00:01:11,369

there's nobody mandating to the parents

28

00:01:16,700 --> 00:01:13,260

which clinic they should bring their

29

00:01:19,130 --> 00:01:16,710

child to and that is in fact you know

30

00:01:21,710 --> 00:01:19,140

it's an interesting question

31

00:01:24,320 --> 00:01:21,720

you know because apparently the number

32

00:01:26,600 --> 00:01:24,330

of children who are appearing in gender

33

00:01:28,850 --> 00:01:26,610

clinics today who have already been

34

00:01:31,280 --> 00:01:28,860

socially transitioned by their parents

35

00:01:33,020 --> 00:01:31,290

now exceeds the number of cases that are

36

00:01:35,990 --> 00:01:33,030

in the research literature of these

37

00:01:37,580 --> 00:01:36,000

gender clinics so parents already doing

38

00:01:39,620 --> 00:01:37,590

things before they even come to see the

39

00:01:41,660 --> 00:01:39,630

experts and they're making decisions and

40

00:01:43,190 --> 00:01:41,670

the and the and the ones who are

41

00:01:45,590 --> 00:01:43,200

socially transitioned before puberty

42

00:01:47,510 --> 00:01:45,600

this is called a gender affirmative

43

00:01:50,240 --> 00:01:47,520

approach it's practice in many clinics

44

00:01:52,100 --> 00:01:50,250

here in the United States you know and

45

00:01:54,260 --> 00:01:52,110

they basically say you know the this is

46

00:01:56,600 --> 00:01:54,270

when your child's true gender is and

47

00:01:58,490 --> 00:01:56,610

we're going to you know help you talk to

48

00:02:00,469 --> 00:01:58,500

the school get a name change and do the

49

00:02:03,499 --> 00:02:00,479

assignment and the question there

50

00:02:04,969 --> 00:02:03,509

something I've written about is since

51
00:02:08,270 --> 00:02:04,979
some of the literature suggests that

52
00:02:10,669 --> 00:02:08,280
early social transition increase the

53
00:02:12,490 --> 00:02:10,679
possibility of persistence are you

54
00:02:14,220 --> 00:02:12,500
increasing you know are you sort of

55
00:02:16,530 --> 00:02:14,230
solidifying the trend

56
00:02:18,720 --> 00:02:16,540
gender presentation by doing this social

57
00:02:20,009 --> 00:02:18,730
transition again the research is not

58
00:02:20,729 --> 00:02:20,019
clear we don't know whether that's the

59
00:02:22,860 --> 00:02:20,739
case or not

60
00:02:24,660 --> 00:02:22,870
and the people argue well if the child

61
00:02:27,360 --> 00:02:24,670
grows out of it after puberty they can

62
00:02:29,460 --> 00:02:27,370
just transition back as if this were us

63
00:02:31,170 --> 00:02:29,470

you know a simple thing to do when we

64

00:02:33,360 --> 00:02:31,180

know that transitioning one direction

65

00:02:36,990 --> 00:02:33,370

requires a lot of psychological and

66

00:02:38,580 --> 00:02:37,000

family and social support so so that's

67

00:02:40,319 --> 00:02:38,590

my main critique of the gender

68

00:02:41,190 --> 00:02:40,329

affirmative approach that they don't

69

00:02:43,710 --> 00:02:41,200

really know how to tell the difference

70

00:02:45,630 --> 00:02:43,720

and that they might be pushing some

71

00:02:48,119 --> 00:02:45,640

children in the direction they do not

72

00:02:50,400 --> 00:02:48,129

necessarily need to go in but at the

73

00:02:52,979 --> 00:02:50,410

same time the the Canadian approach

74

00:02:55,110 --> 00:02:52,989

which was you know to deny children and

75

00:02:57,270 --> 00:02:55,120

to try and change children at an early

76
00:02:59,130 --> 00:02:57,280
age they have never done double-blind

77
00:03:00,869 --> 00:02:59,140
controlled studies to see you know

78
00:03:02,759 --> 00:03:00,879
whether that technique actually prevents

79
00:03:04,770 --> 00:03:02,769
it because you you know even the Dutch

80
00:03:07,140 --> 00:03:04,780
clinic which doesn't do that has people

81
00:03:08,550 --> 00:03:07,150
children who grow out of it so as I said

82
00:03:10,830 --> 00:03:08,560
you know so you look at what people are

83
00:03:13,050 --> 00:03:10,840
doing and basically people doing what

84
00:03:14,849 --> 00:03:13,060
they feel like doing you know and

85
00:03:16,650 --> 00:03:14,859
they're doing what they think works so

86
00:03:18,270 --> 00:03:16,660
there just isn't enough science yet to

87
00:03:20,460 --> 00:03:18,280
determine which of the three approaches

88
00:03:22,110 --> 00:03:20,470

is the proper approach and it needs to

89

00:03:25,770 --> 00:03:22,120

be left up altum Utley it's up to the

90

00:03:27,420 --> 00:03:25,780

parents to choose which one that I would

91

00:03:29,250 --> 00:03:27,430

say that's pretty clear I mean I've

92

00:03:32,159 --> 00:03:29,260

written some textbook chapters on the

93

00:03:34,050 --> 00:03:32,169

subject and and I said you know and they

94

00:03:36,449 --> 00:03:34,060

you give a test you know a chapter you

95

00:03:38,759 --> 00:03:36,459

give a sample history of a child what do

96

00:03:39,900 --> 00:03:38,769

you do with this child and then depend

97

00:03:42,000 --> 00:03:39,910

you know then you can outline the

98

00:03:44,129 --> 00:03:42,010

approach the three different approaches

99

00:03:46,319 --> 00:03:44,139

that people use and parents get to

100

00:03:47,909 --> 00:03:46,329

choose so what about these laws that are

101
00:03:50,539 --> 00:03:47,919
being passed in the various states you

102
00:03:52,770 --> 00:03:50,549
know California was the first one you

103
00:03:54,720 --> 00:03:52,780
talked about it being sexual orientation

104
00:03:56,520 --> 00:03:54,730
change efforts and at least in

105
00:03:58,890 --> 00:03:56,530
California that's defined to include

106
00:04:02,069 --> 00:03:58,900
efforts to change behaviors or gender

107
00:04:03,629 --> 00:04:02,079
expressions yes so if you want to if the

108
00:04:05,819 --> 00:04:03,639
parents wanted to pursue option one

109
00:04:08,879 --> 00:04:05,829
which is to try to help the child to

110
00:04:10,770 --> 00:04:08,889
identify with his biological sex what

111
00:04:12,439 --> 00:04:10,780
but the child is wanting to where it's a

112
00:04:14,490 --> 00:04:12,449
boy and wanting to wear dresses

113
00:04:16,229 --> 00:04:14,500

isn't that the parents trying to change

114

00:04:19,439 --> 00:04:16,239

gender expressions and that would be a

115

00:04:21,150 --> 00:04:19,449

prohibited treatment in California well

116

00:04:23,159 --> 00:04:21,160

first of all I don't think the the the

117

00:04:27,330 --> 00:04:23,169

laws that currently exist are about I

118

00:04:28,050 --> 00:04:27,340

don't know 16 14 states Washington DC

119

00:04:33,690 --> 00:04:28,060

and

120

00:04:37,140 --> 00:04:33,700

municipalities that make it the prohibit

121

00:04:39,600 --> 00:04:37,150

a clinician from trying to change so you

122

00:04:41,340 --> 00:04:39,610

know so the laws are based on licensed

123

00:04:43,440 --> 00:04:41,350

clinicians that has nothing I don't

124

00:04:45,659 --> 00:04:43,450

think the parents necessarily are at

125

00:04:47,390 --> 00:04:45,669

risk you know the laws are very

126

00:04:49,980 --> 00:04:47,400

interesting because the laws are

127

00:04:53,580 --> 00:04:49,990

starting with the California law are

128

00:04:55,140 --> 00:04:53,590

based on the idea that they use position

129

00:04:56,220 --> 00:04:55,150

statements of the mental health

130

00:04:57,990 --> 00:04:56,230

organizations like the American

131

00:05:00,270 --> 00:04:58,000

Psychiatric Association American

132

00:05:02,940 --> 00:05:00,280

Psychological Association which are all

133

00:05:05,790 --> 00:05:02,950

based on positions taken regarding

134

00:05:07,770 --> 00:05:05,800

trying to change their child's secular

135

00:05:09,420 --> 00:05:07,780

and the grown-ups not so much children

136

00:05:12,270 --> 00:05:09,430

but you know anybody's sexual

137

00:05:14,219 --> 00:05:12,280

orientation not on gender identity what

138

00:05:17,640 --> 00:05:14,229

the laws did is they quoted all the

139

00:05:19,890 --> 00:05:17,650

reports and then they tagged on gender

140

00:05:22,230 --> 00:05:19,900

identity and gender expression you know

141

00:05:25,050 --> 00:05:22,240

at the end even though the position

142

00:05:26,820 --> 00:05:25,060

statement I don't believe either my APA

143

00:05:29,550 --> 00:05:26,830

American Psychiatric or the other APA

144

00:05:32,279 --> 00:05:29,560

have a position on what to do about

145

00:05:35,250 --> 00:05:32,289

children officially so this way the law

146

00:05:37,890 --> 00:05:35,260

has moved ahead of the science or don't

147

00:05:39,870 --> 00:05:37,900

you know or you know is different you

148

00:05:42,150 --> 00:05:39,880

know it's not about the science the law

149

00:05:44,310 --> 00:05:42,160

is about I think really trying to you

150

00:05:47,130 --> 00:05:44,320

know protect children based on you know

151
00:05:48,659 --> 00:05:47,140
I wish to protect children from unknown

152
00:05:53,490 --> 00:05:48,669
treatments that might be harmful

153
00:05:56,879 --> 00:05:53,500
mm-hm so at least that part of any law

154
00:06:00,150 --> 00:05:56,889
you would kind of disagree with that if

155
00:06:01,890 --> 00:06:00,160
this is preventing treatment a of the

156
00:06:04,230 --> 00:06:01,900
three options for treatment of dysphoria

157
00:06:06,750 --> 00:06:04,240
that you believe these laws are going

158
00:06:08,520 --> 00:06:06,760
too far in that regard I don't know I've

159
00:06:10,740 --> 00:06:08,530
actually been in you know I wrote an

160
00:06:12,870 --> 00:06:10,750
amicus brief for the California law and

161
00:06:14,730 --> 00:06:12,880
I and when New Jersey passed a similar

162
00:06:18,029 --> 00:06:14,740
law the the attorney general's office

163
00:06:20,219 --> 00:06:18,039

asked me to write a you know an expert

164

00:06:21,960 --> 00:06:20,229

defense of the law and you know in both

165

00:06:24,690 --> 00:06:21,970

cases the laws were challenged in court

166

00:06:27,029 --> 00:06:24,700

and the laws were accepted now I think

167

00:06:28,830 --> 00:06:27,039

trying to I do think trying to change a

168

00:06:31,500 --> 00:06:28,840

child's gender identity can be harmful

169

00:06:35,430 --> 00:06:31,510

to the child I do think that but I but

170

00:06:37,320 --> 00:06:35,440

what but you know the so in that regard

171

00:06:39,330 --> 00:06:37,330

even though that's my personal opinion

172

00:06:41,370 --> 00:06:39,340

you know that's not you know that's not

173

00:06:41,840 --> 00:06:41,380

necessarily based on science but it is

174

00:06:44,490 --> 00:06:41,850

my

175

00:06:46,469 --> 00:06:44,500

yeah so I think it's a risk when

176
00:06:48,420 --> 00:06:46,479
governments step in to science and start

177
00:06:50,700 --> 00:06:48,430
dictating science to people when things

178
00:06:52,650 --> 00:06:50,710
are unresolved and taking options away

179
00:06:54,930 --> 00:06:52,660
from here well exactly you know so you

180
00:06:57,960 --> 00:06:54,940
know I recently was asked to blind

181
00:06:59,999 --> 00:06:57,970
review an article for an ethics journal

182
00:07:01,409 --> 00:07:00,009
that that said that in the event that

183
00:07:03,749 --> 00:07:01,419
parents would not give their children

184
00:07:06,240 --> 00:07:03,759
puberty suppression the state should

185
00:07:08,219 --> 00:07:06,250
step in you know and for it you know and

186
00:07:10,980 --> 00:07:08,229
overrule the wishes of the parents and

187
00:07:13,020 --> 00:07:10,990
my response was I thought this was an

188
00:07:14,159 --> 00:07:13,030

interesting article but that an article

189

00:07:15,930 --> 00:07:14,169

girl like that should not really be

190

00:07:18,659 --> 00:07:15,940

published as its sole article you need

191

00:07:20,730 --> 00:07:18,669

other opinions simply because you know

192

00:07:23,400 --> 00:07:20,740

it's a controversial subject about what

193

00:07:24,960 --> 00:07:23,410

to do with the kids and to say the state

194

00:07:27,150 --> 00:07:24,970

should take an action when there isn't

195

00:07:30,029 --> 00:07:27,160

enough medical science to support the

196

00:07:32,790 --> 00:07:30,039

action when the medical science is

197

00:07:34,650 --> 00:07:32,800

controversial is I think would you know

198

00:07:37,620 --> 00:07:34,660

something that needs to is a political

199

00:07:39,060 --> 00:07:37,630

question it's not a medical question so

200

00:07:41,040 --> 00:07:39,070

again that would be a situation where

201
00:07:46,589 --> 00:07:41,050
you think the the government's going too

202
00:07:48,240 --> 00:07:46,599
far well I I think I yeah I would I

203
00:07:50,909 --> 00:07:48,250
don't want you I don't want to answer

204
00:07:52,050 --> 00:07:50,919
that question because I don't know if

205
00:07:53,580 --> 00:07:52,060
god I don't know if the government has

206
00:07:55,230 --> 00:07:53,590
gone too far I think the government has

207
00:07:57,270 --> 00:07:55,240
to carefully consider it I think you

208
00:07:59,100 --> 00:07:57,280
need more careful consideration this is

209
00:08:02,629 --> 00:07:59,110
what I find in this area there's not

210
00:08:06,000 --> 00:08:02,639
enough weighing of different ethical

211
00:08:08,760 --> 00:08:06,010
restraints and ethical directives and

212
00:08:11,070 --> 00:08:08,770
making the decision so so one could

213
00:08:12,480 --> 00:08:11,080

argue you know yes you know that it is

214

00:08:14,129 --> 00:08:12,490

going too far but one could also argue

215

00:08:17,189 --> 00:08:14,139

that you know here's a child here's a

216

00:08:18,629 --> 00:08:17,199

child who's suffering and and allowing

217

00:08:22,189 --> 00:08:18,639

the child's suffering to continue

218

00:08:25,320 --> 00:08:22,199

because we don't have enough information

219

00:08:26,060 --> 00:08:25,330

is not a necessarily an ethical position

220

00:08:28,200 --> 00:08:26,070

to take either

221

00:08:31,200 --> 00:08:28,210

yeah well it's a trial that needs

222

00:08:33,120 --> 00:08:31,210

treatment of some sorts and that that

223

00:08:37,079 --> 00:08:33,130

treatment may wind up being drugs and

224

00:08:39,719 --> 00:08:37,089

surgery and the state isn't seeking to

225

00:08:41,190 --> 00:08:39,729

ban the drugs and surgery but for some

226

00:08:45,449 --> 00:08:41,200

reason the state seems to want to banned

227

00:08:47,220 --> 00:08:45,459

the the psychological therapy well there

228

00:08:49,140 --> 00:08:47,230

is no evidence that psychological

229

00:08:51,360 --> 00:08:49,150

therapies to try and change your gender

230

00:08:53,819 --> 00:08:51,370

identity works just like there is no

231

00:08:54,820 --> 00:08:53,829

evidence to show that trying to change a

232

00:08:57,250 --> 00:08:54,830

psychologic

233

00:08:58,810 --> 00:08:57,260

Changez yeah I mean we thought I'd be

234

00:09:00,730 --> 00:08:58,820

basing all the there isn't enough

235

00:09:02,440 --> 00:09:00,740

science on any of this so that's why you

236

00:09:05,260 --> 00:09:02,450

just seem to me shutting any of it down

237

00:09:07,660 --> 00:09:05,270

before there's enough science even the

238

00:09:11,020 --> 00:09:07,670

EPA's own report says that there's three

239

00:09:12,100 --> 00:09:11,030

possible treatments for this and by the

240

00:09:14,530 --> 00:09:12,110

state of California is about to shut

241

00:09:16,210 --> 00:09:14,540

down one of the three well you know that

242

00:09:19,060 --> 00:09:16,220

there already did so our province of

243

00:09:22,600 --> 00:09:19,070

Ontario Ontario did shut down to Toronto

244

00:09:24,730 --> 00:09:22,610

clinic back in 2015 and fired the

245

00:09:25,090 --> 00:09:24,740

longtime director how did you feel about

246

00:09:28,570 --> 00:09:25,100

that

247

00:09:29,830 --> 00:09:28,580

well I think it was not a good thing you

248

00:09:32,800 --> 00:09:29,840

know I mean I think you know that I

249

00:09:34,690 --> 00:09:32,810

think that the arguments that they made

250

00:09:36,790 --> 00:09:34,700

because they first they passed a law

251

00:09:40,120 --> 00:09:36,800

based pretty much on the text of the

252

00:09:41,890 --> 00:09:40,130

California law and then accusations were

253

00:09:44,050 --> 00:09:41,900

made against the person around the

254

00:09:46,450 --> 00:09:44,060

clinic and sucker who was in head of the

255

00:09:48,370 --> 00:09:46,460

charge the disome committee who was a

256

00:09:50,680 --> 00:09:48,380

person reviled by the transgender

257

00:09:55,150 --> 00:09:50,690

community I don't think he got a fair

258

00:09:57,010 --> 00:09:55,160

hearing and I think you know again we

259

00:09:58,660 --> 00:09:57,020

don't have enough information to know I

260

00:10:01,300 --> 00:09:58,670

personally don't find that particular

261

00:10:04,090 --> 00:10:01,310

model of treatment compelling you know

262

00:10:06,550 --> 00:10:04,100

but I think that they did you know they

263

00:10:08,470 --> 00:10:06,560

had a number of patients and who came

264

00:10:11,680 --> 00:10:08,480

out of the clinic who were satisfied

265

00:10:13,690 --> 00:10:11,690

with that treatment to if you enjoyed

266

00:10:15,610 --> 00:10:13,700

that part of the interview tune in to

267

00:10:17,530 --> 00:10:15,620

the hidden truth show podcast to get the

268

00:10:19,540 --> 00:10:17,540

entire interview it's available wherever